



ACADEMY

IJF Academy Foundation
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Dear Mr President, Dear Colleagues

Because of the continually developing situation relating to COVID-19 and the cancellation of all sporting activities, our Judoka are spending more time at home. We consider this time can be spent productively by joining our new Undergraduate Certificate Judo Instructor (UCJI).

This new course is the update to the old Level 1 Instructor, which remains valid but now is accredited academically at 5th level EQF and carries 30 Study Credits.

As we have advertised before in our letter to all Federations the cost of the online part is 1,500 USD. Still, due to the present circumstances, we are cutting the price down to **900 USD**. The upgrade from Level 1 to the new UCJI remains 550 USD as it was already discounted.

Those who already registered at 1,500 USD will receive a refund of 600 USD

The course was scheduled to start on Monday 6 April. We will now begin the class on **Monday 20 April** to allow all our members who want to join, to register. Applications will now be received up to Wednesday 15 April. Remember that this new course will only be run in English.

The modules included in the UCJI are:

1. History of Judo
2. Classification of Judo – Part 1
3. Culture of Judo
4. About IJF
5. Classification of Judo – Part 2
6. Role of Instructor
7. Exercise Physiology I.
8. Classification of Judo – Part 3
9. First Aid and Safety
10. Classification of Judo – Part 4
11. LTAD Stages
12. Nage no Kata
13. Refereeing Rules I

Enclosed is the special registration form. This form has to be approved by the National Federation. Please ensure that this form reaches us before the closing date, **Wednesday 15 April**.

Take care, and if you have any questions, please email us on info@ijf.edu.mt

Yours in Judo,

Envic Galea
Chairman IJF Academy