

CA AREA KATA TEACHING SEMINAR

Graeme Spinks 7th Dan
& Steve Tarring 4th Dan

5-6 OCTOBER, 2019



Education and understanding is the key focus for this 'hands on' interactive Kata seminar. You are encouraged to attend regardless of your physical capability.

CA Area and JNZ are offering this 2 day practical seminar to assist in your coaching.

Register your interest via your Club Administrator

- Outline:**
- Saturday 5 October; Nage no Kata – potentially high impact; a high proficiency in ukemi required, but could be moderated to suit physical abilities if required.
 - Sunday 6 October; Katame no Kata
- Location:** Can Am Ju Dojo, 52 Coleridge St, Sydenham, Christchurch
- Start Time:** 9:00am ~ 5:00pm both days (8hrs each day)
- Refreshments** Tea and Coffee provided
Lunches: BYO
- Who can come?** CLUB COACHES & Judoka, aged 15+, green belt (3 Kyu) or higher
- Material Needed:** Download and study the Kodokan Kata documents prior; (log-in to JNZ website, Resources, Documents, Kata)
- Cost:** FREE (to all registered members of CA Area who have completed either the old C1 or above, or L1 or L2 Coaching Workshop), \$100 per participant for those outside WN (or \$150 per club for 2+ participants from other Areas) AND anyone who has not done the above.
- NB: This Nage-no Kata component forms a compulsory part of the JNZ L2 Club Coach qualification.**
- Registration:** Closing Date: **27 September 2019**
Application via Club Administrator using the on-line Entry Management System.
If not a member of CA **or** have not met the Coaching workshop / qualification criteria, send cheque to JNZ, PO Box 300 358, Albany 0752, Auckland or DC into 03-0104-0418014-02 with your name as a reference.